ABOUT IMPERIAL COUNTY BEHAVIORAL HEALTH SERVICES - SUBSTANCE USE DISORDER TREATMENT PROGRAMS

Imperial County Behavioral Health
Services (ICBHS) Substance Use
Disorder (SUD) Treatment Programs
provides quality professional services
in an outpatient setting for
individuals who use and misuse
substances. The outpatient clinics
offer a variety of services to
individuals to assist in the
improvement their daily functioning,
achieve independence, and
community integration.

Our clinical staff include:

- Doctors who specialize in addiction medicine
- Therapists and SUD counselors
- Nursing staff trained in SUD treatment



Accessing Services

If you or someone you know would benefit from our services, please call our office to schedule an appointment. ICBHS Adults SUD Treatment Programs accepts referrals from all sources and will work with the referred to schedule an appointment as soon as possible. For assistance please call:

(442) 265-1525

All information is private and will be kept confidential.

CONTACT US



Adult SUD El Centro Treatment Program Adult SUD Calexico Treatment Program

2695 S. 4th Street El Centro, CA 92243 (442)265-7650 (442)265-7660 23 East 3rd Street
Calexico, CA 92231
(442)265-6200
(442)265-6205

Walk-ins Welcome

Office hours are Monday through Friday from 8:00 a.m. - 5:00 p.m. with the exception of holidays.

24-Hour Phone Number 1-800-817-5292



Adults Substance Use Disorder (SUD) Treatment Programs



TREATMENT FOR AGES 18 AND OLDER

Providing the highest quality care



SUD Services

ICBHS provides outpatient and intensive outpatient treatment services for adults (ages 18+) including pregnant and parenting women who have a substance use disorder. Services are based on the individuals needs and assessment.

On-site services include:

Assessment



Consists of activities to evaluate or monitor the behavioral health status to determine appropriate level of care and course of treatment

Counseling



Individual Counseling:
Consists of one on one
sessions with therapists or
counselors.

Group Counseling: Group counseling focuses on the needs of the the participants. Groups can range from 2-12 participants and are available in both English and Spanish.

Family Therapy



Therapy and counseling sessions are extended to include the client and his or her family members and other support systems.

Medication for Addiction Treatment



Ordering, prescribing, administering, and monitoring of FDA approved medications to treat Alcohol Use Disorder (AUD), Opioid Use Disorder (OUD), and any Substance Use Disorders (SUDs).

Care Coordination



Consists of activities to provide coordination of SUD, mental health, and medical care. Support people in care with linkages to services and supports designed to restore their best possible functional level.

Patient Education



Education on substance use treatment, recovery, and associated health risks.

Recovery Services



Services designed to support recovery, prevent relapse, and to restore their best possible functional level. Internal and community resources are provided to support ongoing selfmanagement.

Medication Services



Includes prescription or administration of medication related to substance use disorder services, or the assessment of the side effects or results of the medication.

SUD Crisis Intervention Services



Focuses on alleviating the crisis problem and stabilizing the immediate situation.
Service is provided in the least intensive level of care.

Withdrawal Management





Assist with managing mild to moderate withdrawal symptoms in a safe outpatient setting.

Alcohol and Other Drug
Certification # 130005AN
Expiration date: 11/31/2024

Certified by the State Department of Health Care Services

Additional Services

Narcotic Treatment Program



Treatment for opiate addiction to prevent opiate withdrawal, block the effects of opioid use, and decreases opiate craving.

Residential Treatment Services



24-hour treatment and short-term services for substance use at a residential facility. Withdrawal Management Services are provided to assist with intensive withdrawal symptoms when medically necessary.

Recovery Residences



Offer supportive and stable housing in a group setting for people who are overcoming a substance use disorder.

