# ABOUT IMPERIAL COUNTY BEHAVIORAL HEALTH SERVICES SUBSTANCE USE DISORDER TREATMENT PROGRAMS

Imperial County Behavioral Health Services (ICBHS), Substance Use Disorder (SUD) Treatment Programs, provides quality professional services in an outpatient setting for youth who use and misuse substances. The outpatient clinics offer a variety of services to youth to assist them in the improvement of their daily functioning, achieve independence, and community integration.

#### **OUR CLINICAL STAFF INCLUDE:**

- Doctors who specialize in addiction medicine
- Therapists and SUD counselors
- Nursing staff trained in SUD treatment



#### **ACCESSING SERVICES**

If you or someone you know would benefit from our services, please call our office to schedule an appointment. ICBHS
Adolescents SUD Treatment Programs accepts referrals from all sources and will work with the referred to schedule an appointment as soon as possible. For assistance please call:

(442) 265-1525

All information is private and will be kept confidential.

#### CONTACT US



Adolescent SUD El Centro Treatment Program Adolescent SUD Calexico Treatment Program

315 S. Waterman Ave. El Centro, CA 92243 (442)265-7270 101 Hacienda Dr. Suite B Calexico, CA 92231 (442)265-6412

Walk-ins Welcome

Office hours are Monday through Friday from 8:00 a.m. - 5:00 p.m. with the exception of holidays.

24-Hour Phone Number 1-800-817-5292



# ADOLESCENTS SUBSTANCE USE DISORDER (SUD) TREATMENT PROGRAMS



#### **TREATMENT FOR AGES 12-18**

Providing the highest quality care



#### **SUD SERVICES**

ICBHS provides Outpatient and Intensive Outpatient treatment services to youth ages 12-18, who have a substance use disorder.

On-site services include:

#### **ASSESSMENT**



Consists of activities to evaluate or monitor the behavioral health status to determine appropriate level of care and course of treatment.

#### COUNSELING



Individual Counseling:
Consists of one on one
sessions with therapists or

Group Counseling: Group counseling focuses on the needs of the the participants. Groups can range from 2-12 participants and are available in both English and Spanish.

Therapy and counseling

include people in care and

and other support systems.

his or her family members

#### FAMILY THERAPY



MEDICATION
FOR
ADDICTION
TREATMENT

Ordering, prescribing,
administering, and
monitoring of FDA approved
medications to treat Alcohol
Use Disorder, Opioid Use
Disorder, and any Substance

# CARE COORDINATION



Consists of activities to provide coordination of SUD, mental health, and medical care. Support people in care with linkages to services and supports designed to restore their best possible functional level.

#### PATIENT EDUCATION



Education on substance use treatment, recovery, and associated health risks.

# RECOVERY SERVICES



Services designed to support recovery, prevent relapse, and to restore their best possible functional level. Internal and community resources are provided to support ongoing self-management.

# MEDICATION SERVICES



Includes prescription or administration of medication related to substance use disorder services, or the assessment of the side effects or results of the medication.

# SUD CRISIS INTERVENTION SERVICES



Focuses on alleviating the crisis problem and stabilizing the immediate situation.
Service is provided in the least intensive level of care.

# WITHDRAWAL MANAGEMENT





Assist with managing mild to moderate withdrawal symptoms in a safe outpatient setting.

#### **ADDITIONAL SERVICES**

# RESIDENTIAL TREATMENT SERVICES



24-hour treatment and shortterm services for substance use at a residential facility. Withdrawal Management Services are provided to assist with intensive withdrawal symptoms when medically necessary.

# JUVENILE HALL SERVICES



Counseling, Screening, Care
Coordination, and Prevention
services are provided to
youth detained at Imperial
County Probation/Corrections
Juvenile Hall. Upon release,
youth are linked to outpatient
SUD Treatment Programs to
be assessed and determine
the appropriate level of care
for ongoing treatment.

# SUD services are readily available to youth in Imperial County at the following school sites:

- Brawley Union High School
- Desert Valley High School
- Del Rio Academy School
- Central Union High School
- Calevico High School
- Aurora High Schoo
- Calexico High School 9th Grade
- Valley Academy School
- Southwest High School

